



May 2018 Schedule

542 – 2nd Ave.
Rivers Mb.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY
April 30 10am - Mommy & Me with Danielle NO EVENING CLASSES	May 1 6:15am – Rise & Shine w/ M 6:30pm – Step & Tone Combo w/ M 7:30pm – InfuZion w/ M	May 2 10am – Total Body Core with Danielle 6:30pm – Step Aerobics w/ M 7:30pm – Total Body Toning w/ M	May 3 6:15am – Rise & Shine w/ M
May 7 10am - Mommy & Me with Danielle NO EVENING CLASSES	May 8 NO CLASSES	May 9 10am – Total Body Core with Danielle NO EVENING CLASSES	May 10 NO CLASSES
May 14 10am - Mommy & Me with Danielle 6:30pm – Step Aerobics w/ M 7:30pm – Total Body Toning w/ M	May 15 6:15am – Rise & Shine w/ M 6:30pm – Step & Tone Combo w/ M 7:30pm – InfuZion w/ M	May 16 10am – Total Body Core with Danielle 6:30pm – Step Aerobics w/ M 7:30pm – Total Body Toning w/ M	May 17 6:15am – Rise & Shine w/ M
May 21 10am - Mommy & Me with Danielle NO EVENING CLASSES	May 22 6:15am – Rise & Shine w/ M 6:30pm – Step & Tone Combo w/ M 7:30pm – InfuZion w/ M	May 23 10am – Total Body Core with Danielle 6:30pm – Step Aerobics w/ M 7:30pm – Total Body Toning w/ M	May 24 6:15am – Rise & Shine w/ M
May 28 10am - Mommy & Me with Danielle 6:30pm – Step Aerobics w/ M 7:30pm – Total Body Toning w/ M	May 29 6:15am – Rise & Shine w/ M 6:30pm – Step & Tone Combo w/ M 7:30pm – InfuZion w/ M	May 30 10am – Total Body Core with Danielle 6:30pm – Step Aerobics w/ M 7:30pm – Total Body Toning w/ M	May 31 6:15am – Rise & Shine w/ M

All Classes with Michelle require pre-paid punch cards – no registrations necessary. \$55/5 classes, \$100/10 classes, \$135/15 classes
Michelle: (204) 679-7806 butterfly@mts.net

To register for Danielle's Classes (\$10/class or \$80/10 classes) Email: serenitydoulabdn@gmail.com